

Did
you
know?

With Healthy Kids Dental benefits administered by Delta Dental, your child can receive dental services **AT NO COST TO YOU.** This includes dental exams, cleanings, X-rays, fillings, fluoride treatments, sealants, and more! Please call customer service at 866-696-7441 to complete a quick and simple dental screening assessment so we can better serve you.

If your children have Medicaid and are under age 21, they have Healthy Kids Dental. Visit www.healthykidsdental.org.

Find the member handbook, certificate of coverage and more resources at www.deltadentalmi.com/HKD.



Delta Dental of Michigan
PO Box 30416
Lansing, MI 48909-7916

Winter 2021 Newsletter



Diabetes and oral health

Did you know that your mouth has clues about what's going on in other parts of your body? This is why it's important to take good care of your smile—especially for people with chronic conditions.

For example, there are 25 million children in the U.S. with diabetes. If your child is one of them, they can be at a higher risk for having gum disease. A good oral health care routine can even help people with diabetes maintain better blood sugar control.

Diabetes is not always preventable, but gum disease is. Regular dental visits can help keep your child's oral and overall health in check.

Is that toothache an emergency?

It can be hard to decide if your child should go to the emergency room for a toothache. If you think your child has a dental emergency, ask yourself if any of the following are true:



- Broken jaw or severe injury to the face or teeth
- Swelling of the face, throat or mouth with any of the following:
 - Trouble breathing or swallowing
 - Fever of 100°F or higher
- Severe pain with or without swelling
- Bleeding in the mouth that won't stop

If none of the items apply to your child, call a dentist or consider the closest urgent care center. Only you can decide what's best for your child, but always follow up with a visit to the dentist after urgent or emergency care.

For more information, visit www.deltadentalmi.com/emergency.



Choose an HKD dentist

To receive services at no cost to you, your child must see a Delta Dental HKD dentist. You may switch to another Delta Dental HKD dentist at any time. If you see a dentist who doesn't accept Delta Dental HKD, you may have to pay for services. If you're changing dental plans, and have been diagnosed with or are being treated for a serious dental condition, call Delta Dental at 866-696-7441. We can help you receive continued care.

When you call to make an appointment, tell them you have **Healthy Kids Dental.**

Finding a Delta Dental HKD dentist is easy!



To find a dentist near you, visit www.deltadentalmi.com/HKD or call 866-696-7441 toll-free (TTY users call 711). If you have a dental emergency and your dentist is unavailable, visit www.deltadentalmi.com/emergency for a list of emergency clinics.



Do you need help finding a dentist for routine care or specialty services? Delta Dental has care coordinators who are specially trained to help caregivers break down barriers to care, including those related to physical and mental health disabilities.

Call our team at 866-696-7441. They can help find a dentist for your child, including children in foster care or those with health issues.

Early intervention and prevention is important for better oral and overall health. Learn more at www.deltadentalmi.com/wellness.

You can also find resources at www.michigan.gov/mdhhs.

NOTICE: If you suspect someone of fraud, waste or abuse you can report this anonymously to Delta Dental by calling Delta Dental's anti-fraud hotline at 800-524-0147. Or, you may report it to the State of Michigan by contacting the Office of Inspector General (OIG) at 855-MI-FRAUD or by sending a letter to: Office of Inspector General, PO Box 30062 Lansing, MI 48909. Review your member handbook for more information about fraud, waste and abuse.