



HERE
TO
HELP!

Do you need help finding a dentist for routine care or specialty services? Delta Dental has care coordinators who are specially trained to help caregivers break down barriers to care, including those related to physical and mental health disabilities.

Call our team at 866-696-7441. They can help find a dentist for your child, including children in foster care or those with health issues.

Early intervention and prevention is important for better oral and overall health. Learn more about your health at www.deltadentalmi.com/wellness.

You can also find resources at www.michigan.gov/mdhhs.

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Delta Dental of Michigan
PO Box 30416
Lansing, MI 48909-7916



Smile protectors

Regular dental visits and good at-home brushing go a long way in keeping our smile healthy. But kids have two bonus tools in their smile toolbox—fluoride and sealants!

Fluoride is a mineral that can help prevent tooth decay. Most public drinking water sources include healthy amounts of fluoride. Dentists will often apply a fluoride varnish to children's teeth with a small brush.

Sealants are a thin protective coating that's applied to the chewing surface of molars. The sealants fill in the grooves of those teeth, creating a barrier to keep cavity-causing bacteria out.

Be smile smart



When it comes to your mouth, the choices you make as a teenager are more important than you think. Smart choices today will give you a great smile in the future! Think twice when it comes to:

Drinks: Pop, sports drinks, energy drinks and juice are full of sugar. Enjoying these is OK sometimes, but make water your drink of choice.

Eating habits: You know candy is bad for your teeth, but bread and breakfast cereal can stick to our teeth and damage them, too.

Tobacco: Surely oral cancer isn't on the list of things you want in life. Almost 90 percent of people who have oral cancer have used tobacco.*

*Jiang, Xiaoge et al. "Tobacco and oral squamous cell carcinoma: A review of carcinogenic pathways." Tobacco induced diseases vol. 17 29. 12 Apr. 2019

Finding a Delta Dental HKD dentist is easy!



To find a dentist near you, visit www.deltadentalmi.com/HKD or call 866-696-7441 toll-free (TTY users call 711).

When you call to make an appointment, tell them you have **Healthy Kids Dental.**



Choose an HKD dentist

To receive services at no cost to you, your child must see a Delta Dental HKD dentist. You may switch to another Delta Dental HKD dentist at any time. If you see a dentist who doesn't accept Delta Dental HKD, you may have to pay for services. If you're changing dental plans, and have been diagnosed with or are being treated for a serious dental condition, call Delta Dental at 866-696-7441. We can help you receive continued care.



Did you know?

With Healthy Kids Dental benefits administered by Delta Dental, your child can receive dental services at no cost to you. This includes dental exams, cleanings, X-rays, fillings, fluoride treatments, sealants, and more! Please call customer service at 866-696-7441 to complete a quick and simple dental screening assessment so we can better serve you.

If your children have Medicaid and are under age 21, they have Healthy Kids Dental. Visit www.healthykidsdental.org.

Find the member handbook, certificate of coverage and more resources at www.deltadentalmi.com/HKD.

Notice: If you suspect someone of fraud, waste or abuse you can report this anonymously to Delta Dental by calling Delta Dental's anti-fraud hotline at 800-524-0147. Or, you may report it to the State of Michigan by contacting the Office of Inspector General (OIG) at 855-MI-FRAUD or by sending a letter to: Office of Inspector General, PO Box 30062 Lansing, MI 48909. Review your member handbook for more information about fraud, waste and abuse.